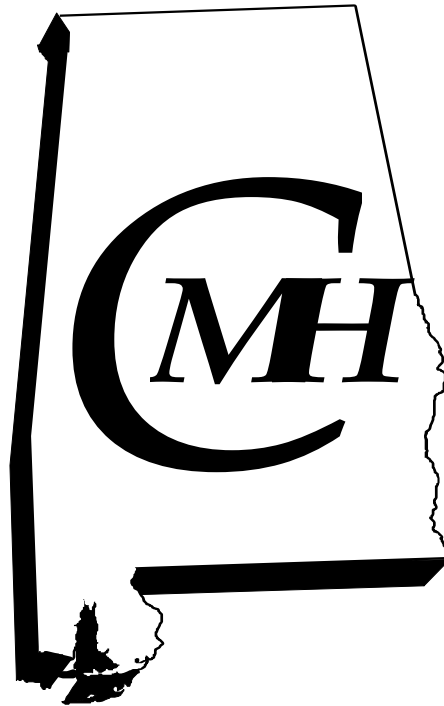


The Alabama Council of Community Mental Health Boards



32nd Annual Conference

**August 23 – 24, 2006
Birmingham Jefferson Civic Center
Birmingham, Alabama**

A Special thanks to our 2006 Exhibitors and Sponsors

- ❖ **Alabama Department of MH/MR**
- ❖ **Alabama Disabilities Advocacy Program (ADAP)**
- ❖ **Alabama Mental Health Counseling Association**
 - ❖ **Alabama Minority Consumer's Council**
 - ❖ **ALLKids (ADPH)**
 - ❖ **Amedisys Home Health**
 - ❖ **Anasazi Software, Inc.**
 - ❖ **Astra Zeneca Pharmaceuticals**
 - ❖ **Behavioral Health Systems, Inc.**
 - ❖ **BlockHouse Company, Inc.**
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 - ❖ **Bristol-Myers Squibb**
 - ❖ **Cephalon, Inc.**
 - ❖ **Contact/WINGS Across Alabama**
- ❖ **Continued Learning, *A Division of Netsmart Technologies***
 - ❖ **Crisis Center, Inc.**
- ❖ **Dementia Education and Training Program (DETA)**
 - ❖ **Drug Education Council**
 - ❖ **Echo Group, The**
 - ❖ **Eli Lilly Company**
 - ❖ **Essential Learning, LLC**
- ❖ **Harmony Information Systems, Inc.**

A Special thanks to our 2006 Exhibitors and Sponsors

- ❖ Hillcrest Hospital
- ❖ Inner Harbour
- ❖ Janssen Pharmaceutica
- ❖ Laurel Oaks Behavioral Health Center
 - ❖ Lavender & Wyatt Systems, Inc.
 - ❖ NAMI Alabama
 - ❖ Netsmart Technologies, Inc.
- ❖ NonProfit Resource Center of Alabama
 - ❖ Norix Group, Inc.
 - ❖ Oakleigh Insurance Agency, Inc.
 - ❖ Pfizer
 - ❖ Qol Meds
 - ❖ SafetyNet Academy
 - ❖ SCATTA
 - ❖ Social Security Administration (PASS Cadre)
- ❖ Southeastern Psychiatric Management, Inc/Mountain View Hospital
 - ❖ Southern Pharmaceutical Services
 - ❖ Three Springs, Inc.
 - ❖ UNI/CARE Systems, Inc.
 - ❖ United Behavioral Health, Inc.
- ❖ University of Alabama at Birmingham – PAARTNERS Study

Mission Statement

The Alabama Council of Community Mental Health Boards represents its members in the planning, development, and implementation of a comprehensive system of public mental health care. Our members are public providers responsive to the mental health needs of our community dedicated to achieving the highest standards of providing service.

Continuing Education

This activity is co-sponsored by the Alabama Council of Community Mental Health Boards and The Institute for Continuing Education. This Conference offers up to 10.00 contact hours for most disciplines and up to 9.50 continuing education credits for Nursing Home Administrators. Continuing education credit is offered for the mental health disciplines listed below. Credit is awarded on a session-by session basis, with full attendance required at the sessions you attend. Application packets for continuing education credit will be available at the Continuing Education Desk, located adjacent to the Conference registration area. If you have questions regarding continuing education, the program, presenters, or for a listing of learning objectives by session, please call 251-990-5030; Fax: 251-990-2665 or Diane Dill at 205-664-2114; Fax: 205-278-5380

Counseling: The Alabama Council of Community Mental Health Boards is an NBCC approved continuing education provider and may offer NBCC approved clock hours for events that meet NBCC requirements. The Alabama Council of Community Mental Health Boards is solely responsible for all aspects of this program. NBCC Provider No. 5846.

Social Work: The Alabama Council of Community Mental Health Boards is approved as provider for social work continuing education by the Alabama Board of Social Work Examiners.

Marriage/Family Therapy: The Alabama Council of Community Mental Health Boards is a recognized provider of continuing education activities by the Alabama Board of Marriage/Family Therapy.

Alcohol/Drug Abuse: The Alabama Council of Community Mental Health Boards is recognized by the Alabama Alcohol and Drug Abuse Association to provide continuing education for alcohol and substance abuse counselors. The Institute for Continuing Education is an approved provider of drug-alcohol continuing education by the **National Association of Alcoholism and Drug Abuse Counselors**. NAADAC Provider No. 00243.

Nursing: The Institute for Continuing Education is accredited as an approved provider of continuing education in nursing by the Alabama Board of Nursing, Provider No. 1124.

Nursing Home Administrators: Alabama Board of Examiners of Nursing Home Administrators has approved this program for a total of 9.5 hours: 6 hours for 8/23/06 and 3.5 hours for 8/24/06. The Alabama Council of Community Mental Health Boards is recognized by the Alabama Board of Examiners of Nursing Home Administrators to provide continuing education for nursing home administrators.

Other Disciplines: Upon request and completion of the Conference, participants will be given a certificate of attendance, which they may submit, along with the course outline, to their respective professional organization for credit.

Learning Objectives: A listing of learning objectives by session will be available at the Conference. If you wish to review a listing prior to the Conference, please contact The Institute for Continuing Education at: 251-990-5030; FAX: 251-990-2665.

Skills Level: Beginner/Intermediate/Advanced

Non-Credit Events: Continuing education credit is not offered for luncheon, reception, or dinner events. If you have questions regarding activities for which continuing education credit is offered, please call Diane Dill at: 205-664-2114; or The Institute for Continuing Education at: 251-990-5030.

Schedule at a Glance

Wednesday, August 23rd

| | |
|----------------------------|--|
| 8:30 am | Registration Opens [Exhibit Hall open] |
| 9:00 am – 10:15 am | Opening/Keynote Session |
| 10:15 am – 10:30 am | Break [Exhibit Hall open] |
| 10:30 am – 11:45 am | Workshop Session I |
| 12:00 pm – 12:45 pm | Box Lunch [Foyer/Exhibit Hall open] |
| 12:45 pm – 2:00 pm | Special Presentations |
| 2:00 pm – 2:15 pm | Break [Exhibit Hall open] |
| 2:15 pm – 3:30 pm | Workshop Session II |
| 3:30 pm – 3:45 pm | Break [Exhibit Hall open] |
| 3:45 pm – 5:00 pm | Workshop Session III |
| 5:00 pm – 7:00 pm | Social/Entertainment |

Thursday, August 24th

| | |
|----------------------------|--|
| 8:00 am | Registration Opens [Exhibit Hall open] |
| 8:30 am – 9:45 am | Workshop Session IV |
| 9:45 am – 10:00 am | Break [Exhibit Hall open] |
| 10:00 am – 11:15 am | Workshop Session V |
| 11:15 am – 11:30 am | Break [Exhibit Hall open] |
| 11:30 am – 1:00 pm | Awards Luncheon |
| 1:15 pm – 2:30 pm | Workshop Session VI |

Conference Objective

To provide a comprehensive training program for professionals, consumers, families, advocates, and others interested in mental health services and mental health programs in Alabama.

**The 2006 conference is co-sponsored by
THE CONTINUING EDUCATION ASSOCIATES OF THE SOUTHEAST**

Conference Tracks

This year's conference includes four (4) tracks:

- **Geriatric (GR)***
- **Children (CH)****
- **Clinical (CL)**
- **Board/Administrative (B/A)**

*The Geriatric Track is co-sponsored by the Alabama Geriatric Mental Health Coalition.

**The Child and Adolescent Track was coordinated by the Child and Adolescent Division of the Alabama Department of Mental Health and Mental Retardation.

Conference Committee

Ms. Marie Hood, Conference Chair

Executive Director, Mental Health Center of North Central Alabama

Mr. Bryan Libell, President, Alabama Council

Executive Director, Riverbend Mental Health Center

Dr. Jim Dill

Executive Director, Alabama Council of Community Mental Health Boards

Ms. Beverly Francis

Executive Director, Eastside Mental Health Center

Mr. Brian Davis

Executive Director, Mental Health Center of Madison County

Mr. Chris VanDyke

Executive Director, Mental Healthcare of Cullman County

Ms. Diane Baugher

Administrative Manager, Mental Health Center of North Central Alabama

Ms. Kathy Carothers

Clinical Director, Chilton/Shelby Mental Health Center

Ms. Linda Lakeman

Continuing Education Associates of the Southeast

Ms. Diane Dill

Meeting Coordinator, Alabama Council of Community Mental Health Boards

Wednesday, August 23, 2006

Registration

8:30 a.m.

Opening Session

9:00 a.m. ~ 10:15 a.m.

- **Welcome** **Ballroom B**
Bryan Libell, M.Ed., President, Alabama Council

- **Keynote Presentation:** **Ballroom B**
The Hijacking of the Brain – The Neurobiology and Pharmacology of Anxiety, Depression, and Dependence
Presenter: Merrill Norton, D.Ph., NCACII, CCS, University of Georgia College of Pharmacy

This presentation is for professionals and others who work with individuals challenged with a psychoactive chemical abuse or dependence. The presentation will teach the body of knowledge from recent research relevant to the neurobiology of dependence. A review of the latest neurotransmitter and neurohormonal research on the impact of psychoactive chemicals on the brain will be the primary focus of this presentation. An overview of the “hijacking of the HPA axis” will also be included in this discussion.

Workshop Session I

10:30 a.m. ~ 11:45 a.m.

- **(GR) Are Skilled Nursing Homes Appropriate for Young Adults with Mental Illness?** **Room K**
Presenter: Bill Seltzer, LCSW, Care Center

Alabama’s nursing homes are quickly becoming more integrated with younger adults. Many times, the mental health needs of this younger population are under-recognized. This presentation focuses on the importance of meeting the mental health needs of young adults in nursing homes and ways to make the placement better serve the individual.

- **(CL) The Hijacking of the Brain – The Neurobiology and Pharmacology of Anxiety, Depression, and Dependence (continued)** **Ballroom B**
Presenter: Merrill Norton, D.Ph., NCACII, CCS, University of Georgia College of Pharmacy

This presentation is for professionals and others who work with individuals challenged with a psychoactive chemical abuse or dependence. The presentation will teach the body of knowledge from recent research relevant to the neurobiology of dependence. A review of the latest neurotransmitter and neurohormonal research on the impact of psychoactive chemicals on the brain will be the primary focus of this presentation. An overview of the “hijacking of the HPA axis” will also be included in this discussion.

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- **(B/A) A Board's Worst Nightmares** **Room N**
Presenter: Len Altamura, Ph.D., Altamura & Associates Consulting, LLC
The presenter will discuss ways of dealing with real governing challenges. Classic examples of board challenges and solutions will be presented, and also solicited from the participants. Examples will be given of Board nightmares, warning signs, how they come about, and ways to prevent them. Different types of Board problems will be reviewed, including financial, operational, governance/board-related.
 - **(CH) Multiple Needs Children** **Room C**
Presenters: Donna Glass, M.S., Multiple Needs Child Office
Shannon Dunn, M.S., Multiple Needs Child Office
Bill Summer, M.Ed., Multiple Needs Child Office
Participants will be provided with an overview of the Multiple Needs Child Initiative. The presentation will include information on the referral process, local/state team membership/responsibilities, Children First funding, and data/tracking system overview.
 - **(CL) Alabama Response to Katrina and Rita: It Pays to Be Prepared!** **Room J**
Presenter: April Naturale, ACSW, Disaster Mental Health Management
Maury West, LGSW, ADPH Emergency Preparedness
This program will describe the preparedness, training, and response activities that allowed the successfully coordinated joint public and mental health responses to the largest hurricane in the history of the country. Examples and case presentations will be utilized to exemplify the necessity of the planning and training aspect of preparedness.
 - **(CL) Stepping Stones to Recovery (SSI/SSDI)** **Room B**
Presenter: Yvonne Perret, LCSW-C, Baltimore City Mental Health Authority
This presentation will teach the similarities and critical differences between SSI and SSDI. The presenter will teach the intricate details of the requirements of non-medical information for SSI/SSDI.
 - **(B/A) Using the Three Levers for Managing Mental Health Services – Part I** **Room L**
Presenter: Jim Burgin, M.Div., Jim Burgin Associates
Managing takes professionals to changed identity, skills, and authority. Effectiveness requires overcoming the four shadows: 1) Doubt of personal readiness, 2) Functional atheism, 3) Fear of the natural chaos of life, and 4) Denial of death. This program will help one develop four hallmarks of relational intelligence to model needed changes.

(CL) Documentation Linkage Requirements for Medical Necessity Based Services

Room O

Presenter: David Lloyd, President, MTM Services

This workshop will present a linkage-based service documentation approach that has proved to be very supportive of medical necessity determination for services billed to Medicaid and Medicare. Special emphasis will be given to the need to support an integrated approach to using the Diagnostic Assessment as a pre-planning tool for the service planning process and not as a separate function.

Box Lunch ~ Exhibit Hall

Noon ~ 12:45 p.m.

Special Presentations

12:45 P.M. ~ 2:00 p.m.

- **Dementias Other Than Alzheimer's**

Room N

Presenter: Richard Powers, M.D., Medical Director, AL Department MH/MR

Numerous disease processes cause dementia in older adults. Although Alzheimer's disease causes 60% - 70% of all dementias, many other diseases produce cognitive loss including vascular dementia, diffuse Lewy body disease, frontal temporal dementia, and alcohol-induced dementia. This seminar describes the clinical manifestations, neuropsychiatric complications, and neuropathological features of common dementias other than Alzheimer's with particular emphasis on frontal temporal dementia.

- **Leading Change and Renewing Timeless Assets**

Room O

Presenter: Jim Burgin, M.Div., CEO, Jim Burgin Associates

There is now before us an opportunity to renew the timeless assets that brought us to the community mental health field. This will enable us to lead change rather than become its casualty. The future belongs to those who claim their own voice and personal authority for communicating new visions that empower our historic mission. This presentation will explain the steps to achieving this process.

- **Youth Suicide: "The Silent Epidemic"**

Ballroom B

Presenter: Clark Flatt, M.Div., Founder/CEO, The Jason Foundation, Inc.

This program will begin with an introduction on The Jason Foundation, Inc. (JFI). JFI is a national leader in youth suicide awareness and prevention. The impact of youth suicide as a national health problem will be presented as well as the impact youth suicide has on Alabama communities. The warning signs or "signs of concern" will be presented as well as looking at elevated risk factors related to youth suicide. The presentation will end with what we can do as communities, health professionals, and concerned adults to stop this tragedy.

- **(GR) Prevention of Dementia**

Room N

Presenter: Richard Powers, M.D., AL Department MH/MR

Certain types of dementia appear to resemble other chronic diseases with many interconnected factors including life style and the development of disease process. This seminar discusses the accepted and proposed risk factors for dementia and outlines the 10 commandments of dementia prevention associated with health behaviors and lifestyle changes.

- **(B/A) Board Development: Eleven Building Blocks to a Better Governance Board**

Room O

Presenter: Len Altamura, Ph.D., Altamura & Associates Consulting, LLC

This program will identify how, by using a facilitated Board assessment process, governing Boards can achieve consensus on eleven key governance areas, and focus both management and the Board on future achievements, rather than problems and conflict.

- **(CH) Partnering with Families by Fostering Resiliency**

Room C

**Presenters: Linda Champion, MPA, NAMI Board President
Sarah Ellen Thompson, M.S., Alabama Family Ties**

This presentation is presented by a parent of a child with an emotional/behavioral disturbance and will address the challenges in working with families, why partnering with families is important, and how to build resiliency in family units. Through an interactive session, the program will look at the five human needs, examine family dynamics through a family sculpture, and increase skills building with families.

- **(CL) Plan for Achieving Self Support & Other Work (PASS)**

Room J

**Presenters: Steve Doty, B.A., Social Security Administration
Randall Griffin, B.S., Social Security Administration**

PASS is a Supplemental Security (SSI) work incentive that assists persons with disabilities in their return to work efforts. Social Security also provides other work incentives under the SSDI and SSI benefit programs to aid in return to work efforts. This session will include a brief overview of all work incentives, viewing of the PASS video, followed with a detailed explanation of this work incentive.

- **(CL) Stepping Stones to Recovery (SSI/SSDI) [Part II]**

Room B

Presenter: Yvonne Perret, LCSW-C, Baltimore City Mental Health Authority

This presentation will teach the similarities and critical differences between SSI and SSDI. The presenter will teach the intricate details of the requirements of non-medical information for SSI/SSDI.

-
- **(CL) Returning Veterans – Who Are They? What Are Their Behavioral Health Needs?** **Room K**

Presenter: Rebecca Ray, LPC, Mountain Lakes Behavioral Healthcare

This presentation will be a summary from the Washington, D.C. National Veteran's Conference, "The Road Home" on restoring hope and building resiliency. This presentation will bring a greater awareness to mental health professionals of the needs of returning vets and their families, especially those returning from Operation Iraqi Freedom (OIF) and Operation Enduring Freedom (OEF).

- **(B/A) Using The Three Levers for Managing Mental Health Services – Part II** **Room L**

Presenter: Jim Burgin, M.Div., Jim Burgin Associates

The major problem with management communication is the delusion that it has occurred. Leaders can't assume that followers understand, agree, care, and will take appropriate action. In this program, you will learn to use the six question coaching process, surface and resolve disagreement, and engage in the robust dialogue that gets results.

- **(CL) Suicide: "The Epidemic"** **Ballroom B**

Presenter: Brent Cosby, M.A., Laurel Oaks Behavioral Health Center

The objective of this program is to gain an understanding of the effects of suicide and ways of preventing suicide.

Workshop Session III

3:45 p.m. ~ 5:00 p.m.

- **(GR) Neuropsychiatric Complications Associated with Parkinson's Disease** **Room N**

Presenter: Richard Powers, M.D., AL Department MH/MR

The spectrum of pathologies associated with Parkinson's Disease may produce a range of neuropsychiatric symptoms including dementia, depression, psychosis, anxiety, sleep disorders and behavioral problems. The psychiatric manifestation of Parkinson's disease is linked to the underlying neuropathology. This seminar discusses the various complications of this disease process and behavioral and pharmacological interventions that are helpful in dealing with these difficulties

- **(B/A) How Do You Evaluate the Board & CEO?** **Room O**

Presenter: Len Altamura, Ph.D., Altamura & Associates Consulting, LLC

One key Board function is to hire and evaluate the Chief Executive. Another function is for the Board to evaluate its own performance. Several CEO evaluation formats will be presented and reviewed during this program, as well as a set of questions for individual Board member self-assessment.

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- **(CH) Applied Behavior Analysis 101** **Room J**
Presenters: Jerelyn Knight, M.S., Glenwood, Inc.
William Thompson, M.S., Glenwood, Inc.
Individuals with SED often exhibit challenging behaviors. Interventions for these behaviors should be individualized and developed using a personalized approach. In this program, we will discuss how understanding the basic principles of Applied Behavior Analysis can be very helpful in developing effective interventions for these individuals.
 - **(CL) Diagnosis and Proper Referral of Co-Occurring Disorders** **Room K**
Presenters: Gerald Wilhoite, M.A., Mental Health Center of North Central Alabama
Cherie Lytal, MSW, Mental Health Center of North Central Alabama
Charles Jones, M.A., Mental Health Center of North Central Alabama
This program will discuss the importance of proper diagnosis of co-occurring disorders and referral of persons with such disorders to appropriate levels of treatment. Discussion will focus on the classes of diagnoses most often encountered, determination of primary diagnosis, and appropriate referral for treatment services.
 - **(CL) Licensure For Counselors: Why Do I Need or Want It?** **Room C**
Presenter: Steve Jordan, LPC, Private Practice
This program will explore the advantages of being licensed in Alabama from a practice and legal perspective. We will look at expanding of job potential, legal protections, and obligations for Licensed Professional Counselors.
 - **(CL) Supportive Housing for Persons With Serious Mental Illness** **Room B**
Presenters: Henry Stough, LPC, H.K. Stough & Associates
Cynthia Bisbee, Ph.D., Bisbee & Associates
This panel presentation will give an overview of the HUD Supportive Housing Program and how it can be used to serve homeless and chronically homeless persons with serious mental illness. The program provides housing and supportive services which aid people with serious mental illness in living independently in the community
 - **(B/A) Using The Three Levers for Managing Mental Health Services – Part III** **Room L**
Presenter: Jim Burgin, M.Div., Jim Burgin Associates
Effective managers get everything and everybody aligned – pulling on the same rope in the same direction. This presentation will help to develop skills in building a culture of shared accountability, while learning to use a scoreboard to get the results you want, need, and deserve.

Social Hour

5:00 p.m. – 7:00 p.m.

Exhibit Hall, East Meeting Rooms

Come relax after a full day of workshops.

Join us for Door Prizes, Hors d'oeuvres

Entertainment by:

Jerry Ryan of Three On A String and His friend named "Blue"

Special Thanks to:

Netsmart University powered by Continuing Learning ~
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**For their support of
educational workshops for this conference.**

- Netsmart University is the comprehensive suite of training and education services available from Netsmart Technologies, offering:
- Access to hundreds of online courses in behavioral healthcare, safety, and compliance, many with CEUs (continuing education units) available
- A comprehensive learning management system that can be private-branded for an organization to build and monitor professional development plans for employees. Skills and competencies can also be measured and reviewed across the workforce.
- <http://www.netsmartu.com/cl/>



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Thursday, August 24, 2006

Workshop Session IV

8:30 a.m. ~ 9:45 a.m.

- **(GR) Traumatic Brain Injury**

Room N

Presenter: Richard Powers, M.D., AL Department of MH/MR

Studies consistently demonstrate that geriatric traumatic brain injury (TBI) is a relatively common phenomenon with severe unique features. This seminar discusses common mechanisms of traumatic brain injury in elderly individuals. The discussant outlines the short and long-term complications of TBI and defines common neuropsychiatric symptoms associated with different types of brain trauma.

- **(B/A) Project Management Principles For IT Projects**

Room L

Presenter: Michael Wallace, MBA, Lavender & Wyatt Systems

Project Management process will improve an agency's Information Systems projects, whether building a Request for Proposal, implementing Electronic Medical Records, staff training, or preparing HIPAA Disaster Recovery plans. This program will outline business processes used to manage a successful business project.

- **(CL) Substance Abuse, Mental Health, & HIV:
What's the Correlation?**

Room A

**Presenters: Regina Berry, M.S., Lighthouse Counseling Center
Paulette Nichols, A.S., Lighthouse Counseling Center**

This presentation will provide information on HIV and substance abuse along with its correlation to mental health. Additionally, statistics will be supplied on the populations most affected with HIV at the current time and elicit insight from participants as a guide for the remainder of the session.

- **(CH) Meeting the Emotional & Behavioral Needs
of Students with Disabilities
– The Role of the School Under the IDEA**

Room C

**Presenters: Nancy Anderson, J.D., Alabama Disabilities Advocacy Program (ADAP)
Tuwana McGhee, M.A., Alabama Disabilities Advocacy Program (ADAP)**

This presentation will introduce the responsibilities that schools have to address the emotional and behavioral needs of students with disabilities. The program will include information on the development of functional behavioral assessments (FBAs) and behavior management plans (BMPs) and the special issues that have to be dealt with when a student gets into disciplinary problems at school.

- **(CL) Behavioral Services Procedural Guidelines for Providers of MR Services** **Room B**

Presenter: Susan Ford, Ph.D., Alabama DMH/MR

This program will provide training regarding the new Behavior Services Procedural Guidelines developed by a task force composed of professionals representing both community service providers and the Alabama Department of Mental Health/Mental Retardation. The guidelines are a supplement to the MR Community Certification Standards.

- **(CL) Understanding & Treating PTSD** **Room O**

**Presenters: Gary Williams, LPC, Private Practice
Anita Neuer, LPC, Private Practice**

Presenters training in CISTD and EMDR will show normal and maladaptive responses to trauma and aspects of how traumatic memory is processed in the brain. Causes and risk factors for PTSD, along with various treatment pre-conditions and options will be discussed. Brief demonstrations and detailed handouts will be provided.

- **(B/A) Understanding Your 990 & Making It Work For You** **Room K**

Presenter: Diane Baugher, MBA, Mental Health Center of North Central Alabama

Form 990 is the most commonly used data source about not-for-profit organizations. Understanding the significance of how this information is used by unidentified sources emphasizes the importance of the information on the 990 and identifies an opportunity to use the document to your advantage.

- **(CL) Substance Abuse “System Improvement Initiative”** **Room J**

**Presenters: Sarah Harkless, M.S., AL Department MH/MR
Bob Wynn, M.S., AL Department MH/MR
Stephanie McCladdie, M.S., AL Department MH/MR
Kris Vilamaa, B.S., AL Department MH/MR**

The DMH/MR’s Substance Abuse Services Division is implementing a System Improvement Initiative designed to: implement consistent screening and assessment practices; enhance waiting list management; expand services for priority populations; clearly define levels of care; expand resources; and measure outcomes. This workshop will review the Systems Improvement Initiative and describe the implications for providers.

- **(GR) Spirituality and Aging**

Room A

Presenter: Roger Calvert, M.A., Mental Healthcare of Cullman

This workshop is designed to emphasize the importance of recognizing the spiritual component of our human nature in a clinical setting. The workshop demonstrates a client-centered approach to incorporating the client's own spirituality and belief system into the clinical intervention. The workshop touches on applications in a variety of clinical settings with a primary emphasis on aging and the senior population.

- **(CH) A Community Partnership in Action
– Jefferson County DHR & JBS Satellite MH Services Unit**

Room C

**Presenters: Becky Milstead, LPC-S, JBS Mental Health Authority
Jon Williamson, M.D., JBS Mental Health Authority
Michelle Bell, B.A., JBS Mental Health Authority
Donna Butler, MSW, JBS Mental Health Authority**

This program will be an overview of the history and development of a community partnership between Jefferson-Blount-St. Clair County Mental Health/Mental Retardation Authority and the Jefferson County Department of Human Resources in order to serve the needs of some of the county's most vulnerable mentally ill children and their families.

- **(CL) Evidence Based Practices**

Room O

**Presenters: Molly Brooms, M.A., AL Department of MH/MR
Vanessa Prater, RN, AL Department of MH/MR
Mike Autrey, M.S., AL Department of MH/MR
Robert Will, M.A., Southwest Alabama Mental Health Center
Sheila Scott, M.A., Contact/WINGS Across Alabama**

This panel will describe the activities of the Evidence-Based Practices Workgroup and recommendations for implementation of four evidence-based practices: Illness Self Management and Recovery, Family Psycho-Education, Supported Employment, and Supported Housing.

- **(CL) Outpatient Commitments – Are They An
Effective Tool In Decreasing Hospitalizations?**

Room B

**Presenters: Michelle Dooley, LPC, JBS Mental Health Authority
Robin Hunter, LPC, JBS Mental Health Authority
James Parker, M.D., JBS Mental Health Authority
Judge Alan King, Jefferson County Family Court**

The Alabama Department of Mental Health allocated funds in 2002 to develop Outpatient Commitments as a viable option for respondents in Jefferson County. This program will discuss the Jefferson County Probate Process, the JBS Outpatient Commitment Program, and the role that mental health centers, as well as psychiatrists, can take in this process.

- **(CH) Functional Assessment of Problem Behavior In Children** **Room L**

Presenter: Susan Ford, Ph.D., AL Department of MH/MR

Participants will get an overview of how to determine the function of a problem behavior. Some examples will be provided. Information regarding tools for assisting with functional assessments will also be presented.

- **(B/A) Voluntary Compliance Program** **Room J**

Presenter: Steve Wood, FHIMSS, FHFMA, UNI/CARE Systems, Inc.

The need for Voluntary Compliance Programs is becoming critical for Behavioral Healthcare with regard to Medicare and Medicaid funded services. This workshop is designed to help your organization prepare for a federal or state audit by discussing various ways to build in-house compliance programs to monitor adherence to policies and procedures.

- **(CL) Nurse Delegation Education Program** **Room N**

**Presenters: Yvonne Higdon, MSN, Bureau of Geriatric Psychiatry, University of AL
Richard Powers, M.D., AL Department of MH/MR**

This program allows the registered nurse or licensed practical nurse in residential community mental health settings to delegate specific limited tasks to designated unlicensed assistive personnel (mental health workers). These mental health workers, after successfully completing 24 hours of education, would be allowed to assist in the delivery of oral, topical, inhalant, eye and ear medications. This program outlines the education program developed by the Alabama Department of Mental Health and Mental Retardation.

- **(B/A) Lessons Learned Implementing Electronic Medical Records** **Room K**

Presenter: Michael Wallace, MBA, Lavender & Wyatt Systems

Considering moving into an Electronic Medical Records system? This program will identify the things that could help your business succeed by managing the risks and barriers of an EMR project.

Many Thanks to the Conference Registration Staff:
Connie Belcher, Wanda Dixon, Sylvia Richey,
Lynne Swann, and Lisa Turley

- **(GR) Identity Restoration**

Room J

Presenter: Roger Calvert, M.A., Mental Healthcare of Cullman

This course emphasizes the significance of understanding our own unique identity as individual human beings and how that changes as we age. It focuses on the problems associated with changing roles and subsequent loss of identity in the senior population. It also attempts to present strategies for recovering a sense of significance as we age with primary applications for those working with senior adults in a long-term care setting.

- **(CH) No Child Left Behind Program Summary**

Room O

**Presenters: Beth McGuire Brown, Private Practice
Wendy Dean, Private Practice**

This program will discuss the *No Child Left Behind Act of 2001*, where participants will be informed of the Public School Option, Accountability State Standards, and Supplemental Educational Services.

- **(CL) The Do's & Don'ts of Clinical Documentation**

Room A

Presenter: Paul Hard, LPC, Mountain Lakes Behavioral Healthcare

Therapists and other non-medical providers provide the majority of mental health services and are increasingly held liable for treatment gone amiss. Limited information on documentation is provided in our universities and most workplace training focuses on it only as a means of billing. This presentation focuses on the ethics, liability, DMH/MR standards, risk management, and best practice of clinical documentation.

- **(CL) A Progress Report: Alabama's Regional Utilization Review Program**

Room N

**Presenters: Ray Terrell, M.S., Mobile Mental Health Center
Matt Hilyer, M.Ed., JBS Mental Health Authority
Marion Johnson, M.S., Montgomery Mental Health Authority
Jason Young, M.S., Mental Health Center of North Central AL**

This presentation will discuss the development of the Regional Utilization Review (UR) process in the four acute care areas of Alabama, including progress in community placements, analysis of occupancy and length of stay in community residential programs, and examination of the current community resources.

- **(CL) Creating A Violence Free & Coercion Free Workplace: Project Progress and Lessons Learned** **Room C**

Presenter: Phillip Ward, LCSW, Bryce Hospital

Last year this program was warmly received by attendees regarding an initiative by Bryce Hospital to reduce/eliminate the use of seclusions and restraints creating a violence-free and coercion-free treatment environment. This program will summarize strategies taken to date by Bryce Hospital.

- **(B/A) Sarbanes-Oxley and the Non-Profit** **Room B**

Presenter: Diane Baugher, MBA, Mental Health Center of North Central AL

The purpose of the Sarbanes-Oxley Act is to rebuild public trust in America's corporate sector. The Act primarily affects publicly traded corporations, but there are implications for the nonprofit largely through contractual arrangements. This presentation seeks to identify the requirements of complying with SOX.

- **(CL) Talking the Talk: An Update on Appropriate, Respectful, & People First Language** **Room K**

**Presenters: Ellen Gillespie, Ph.D., Alabama Disabilities Advocacy Program (ADAP)
Lauren Carr, J.D., Alabama Disabilities Advocacy Program (ADAP)**

Consumers are clear about how they want to be described and addressed. Despite numerous materials and workshops on respectful language, inappropriate language abounds. References to "the mentally ill" or "mentally retarded people" are no longer appropriate. This session will address appropriate alternatives and provide participants with useful materials.

- **(B/A) Legal Issues in Employment** **Room L**

Presenter: Gregg Smith, J.D., Private Practice

The presenter will provide an overview of the legal issues encountered by employees with respect to employment, termination, and harassment.

NOTES

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